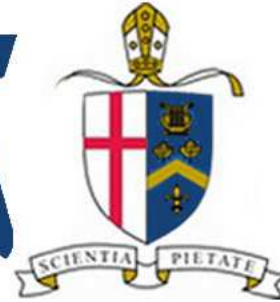




Royal St. George's
College
KNIGHTS
BASKETBALL



RSGC U16 'A' BASKETBALL TEAM 2009-2010

PLEASE NOTE:

- Your status and playing time will be determined by your **COMMITMENT, EFFORT & ATTITUDE**
- Don't be "on time"; **always be EARLY** for all practices, games and departures.
- My most effective contact information is listed below. **Please make sure that YOU communicate** if you have any conflicts, problems, questions or concerns **well in advance!**

We have 3 goals for this season:

- 1) **PLAY TOGETHER** (unselfishly)
- 2) **PLAY HARD** (with effort)
- 3) **PLAY SMART** (with proper execution)

U16 A TEAM ROSTER

- 1 Nico Arntsen
- 3 James Sharpe
- 10 Alex Diplock
- 11 Derek Woods (Captain)
- 13 John Wilson
- 15 John Dashwood
- 20 Duncan Clokie
- 23 Blake Lee-Whiting
- 24 Jakson Inwentash (Captain)
- 30 Zachary Crooks
- 31 Jonathan Squibb
- 32 Sam Caldarone
- 41 Luke Mello

ASSISTANT COACHES: Lucas Peel & Dave Downey

If you have any questions or concerns regarding this roster or your current role on this team, please contact me any time outside of practice or game time to discuss it. Thank you.

COACH LOUCKS CONTACT INFORMATION:

Phone/Voicemail: (416) 924-7230
Cell: (416) 891-9336
Email: coachloucks@rogers.com
Website: www.albanyavenuebasketball.com



RSGC U16A RESULTS

DATE	vs.	at	RESULTS	PF-PA	HIGH SCORER	TYPE OF GAME	OVERALL	LEAGUE
Nov 21	HSC	UCC	W 62-49	62-49	Alex Diplock 16	Exhibition	1-0	0-0
Nov 21	RC	UCC	W 54-41	116-90	Alex Diplock 14	Exhibition	2-0	0-0
Dec 2	RC	RC	W 45-16	161-106	D Woods/A Diplock 12	League	3-0	1-0
Dec 7	UCC	UCC	L 43-54	204-160	Alex Diplock 22	League	3-1	1-1
Jan 11	SMC	SMC	L 39-62	243-222	Alex Diplock 10	League	3-2	1-2
Jan 13	TCS	TCS	W 48-36	291-258	Jakson Inwentash 17	League	4-2	2-2
Jan 15	ABA	RSGC	W 68-49	359-307	Alex Diplock 14	Exhibition	5-2	2-2
Jan 18	CS	RSGC	W 54-39	413-346	Derek Woods 16	League	6-2	3-2
Jan 20	HSC	RSGC	W 65-14	478-360	Luke Mello 13	League	7-2	4-2
Jan 25	AC	AC	W 58-57	536-417	Alex Diplock 15	League	8-2	5-2
Jan 27	VC	VC	W 63-34	599-451	Derek Woods 21	League	9-2	6-2
Jan 29	Harbord	RSGC	W 49-41	648-492	D Woods/A Diplock 13	Tournament	10-2	6-2
Jan 29	Cen Tech	RSGC	W 63-59	711-551	Alex Diplock 22	Tournament	11-2	6-2
Feb 5	ABA	RSGC	L 60-77	771-628	D Woods/A Diplock 13	Exhibition	11-3	6-2
Feb 6	Saltus	RSGC	W 48-26	819-654	Derek Woods 9	Exhibition	12-3	6-2
Feb 17	SAC	RSGC	W 59-38	878-692	Derek Woods 16	League	13-3	7-2 (end of regular season)
Feb 19	Selwyn	CDS	W 63-51	941-743	Derek Woods 22	Tournament	14-3	7-2
Feb 19	CDS	CDS	W 60-54	1001-797	Derek Woods 22	Tournament	15-3	7-2
Feb 20	HTS	CDS	W 53-32	1054-829	Alex Diplock 21	Tournament	16-3	7-2
Feb 20	Selwyn	CDS	W 62-42	1116-871	Alex Diplock 27	Tournament	17-3	7-2
Feb 24	AC	RSGC	W 65-36	1181-907	D Woods/A Diplock 15	Playoff (Quarter-Final)	18-3	8-2
Feb 27	UCC	SMC	L 46-54	1227-961	Alex Diplock 11	Playoff (Semi-Final)	18-4	8-3

PHOTO LINKS:

RSGC U16 A Team vs. UCC (Feb. 27, 2010)

http://www.albanyavenuebasketball.ca/Photo_albums/RSGCU16ATeamvsUCCISAAPlayoffSMCFeb272010/index.html

RSGC U16 A Team vs. AC (Feb. 24, 2010)

http://www.albanyavenuebasketball.ca/Photo_albums/RSGCU16ATeamvsACCISAAPlayoffHomeFeb242010/index.html

CDS Junior Boys Invitational Basketball Tournament (Feb. 19 & 20, 2010)

http://www.albanyavenuebasketball.ca/Photo_albums/CDSInvitationalBasketballTournamentFeb19202010/index.html

RSGC U16 A Team vs. SAC (Feb. 17, 2010)

http://www.albanyavenuebasketball.ca/Photo_albums/RSGCU16ATeamvsSACHomeFeb172010/index.html

RSGC U16 A Team vs. Saltus (Bermuda) (Feb. 6, 2010)

http://www.albanyavenuebasketball.ca/Photo_albums/RSGCU16ATeamvsSaltusBermudaHomeFeb62010/index.html

RSGC U16 A Team vs. ABA (Feb. 5, 2010)

http://www.albanyavenuebasketball.ca/Photo_albums/RSGCU16ATeamvsABAHomeFeb52010/index6.html

2nd Annual RSGC Annex Invitational U16 Basketball Tournament (Jan. 29, 2010)

http://www.albanyavenuebasketball.ca/Photo_albums/RSGCAnnexInvitationalU16BasketballTournamentJan292010/index.html

RSGC U16 A Team vs. VC (Jan. 27, 2010)

http://www.albanyavenuebasketball.ca/Photo_albums/RoyalStGeorgesCollegeU16ATeamVillanovaCollegeJan272010/index.html

RSGC U16 A Team vs. HSC (Jan. 20, 2010)

http://www.albanyavenuebasketball.ca/Photo_albums/RSGCU16ATeamvsHSCHomeJan202010/index.html

RSGC U16 A Team vs. CS (Jan. 18, 2010)

http://www.albanyavenuebasketball.ca/Photo_albums/RSGCU16ATeamvsCSHomeJan182010/index9.html

RSGC School Website U16 Basketball Album

http://gallery.rsgc.on.ca/view_album.php?set_albumName=album240

7th Annual RSGC Holiday Classic Charity 3 on 3 Basketball Tournament for Free the Children (Dec. 14 & 15, 2009)

http://www.albanyavenuebasketball.ca/Photo_albums/7thAnnualRSGCHolidayClassicCharity3on3BasketballTournament/index.html

RSGC U16 A Team vs. RC (Dec. 2, 2009)

http://www.albanyavenuebasketball.ca/Photo_albums/RoyalStGeorgesCollegeU16ATeamRidleyCollegeDec22009/index.html

RSGC U16 A Team vs. HSC & RC @ UCC (Nov. 21, 2009)

http://www.albanyavenuebasketball.ca/Photo_albums/RSGCU16ATeamvsHillfieldRidleyUCCNov212009/index.html